

# 2016-2017 Welcome Folder



First Presbyterian Church of Rome

# Welcome!

We hope at these MOPS meetings you will find encouragement, support, relevant teaching, and opportunities to develop relationships with other women who are in your same state of life.



As your Steering Team, it is our goal to facilitate and create a MOPS experience that meets your unique needs. If at any time you have comments, suggestions, or concerns please talk with one of us. We are here to help you! We are so excited that you have chosen to be a part of MOPS at First Presbyterian Church!

Blessings,

**Your Steering Team** 



## What is MOPS?

**MOPS** stands for **M**others **of P**reschoolers, a program designed to **nurture mothers** with children from infancy through kindergarten.

It is a **safe, loving** environment where moms have the opportunity to make new friends, share experiences, and laugh together. They learn Biblical principles pertaining to womanhood, parenting, and marriage.

# **MOPS Meeting Dates**

2016-2017

1<sup>st</sup> & 3<sup>rd</sup> Thursdays Time: 9:30-11:15am

September 1 January 5

September 15 January19

October 6 February 2

October 20 February 16

November 3 March 2

November 17 March 16

December 1 April 6

December 15 April 20

May 4

**May 18** 

**Inclement Weather-** First Presbyterian Church MOPS follows Rome City Schools guidelines. If Rome City Schools are closed (or delayed) due to snow or ice, MOPS will be canceled.



9:15-9:30 nursery and MOPPETS Check-in, Mingling

Please be sure to check-in by 9:30 am so that our meeting can start promptly.

9:30-9:45 Breakfast

 ${\it All\ members\ will\ alternate\ to\ bring\ a\ breakfast\ item\ at\ least\ once\ a\ semester.}$ 

9:45-10:45 Speaker/Meeting topics

10:45-11:15 announcements and discussion time

A fun time of creativity and fellowship!

11:15 PROMPTLY pick up children

Please respect the nursery and do not pick up early nor late!

## First Presbyterian MOPS Policies

## **Dues**

**\$25 for the year.** This money covers the costs of operating our MOPS group with the charter regulations to register all moms with MOPS International. The other costs – hospitality supplies, making copies, postage, MOPPETS curriculum and craft supplies, speaker gifts, printing materials, etc. are generously provided from the church budget. We do not want dues to be a hardship for anyone, so please see a co-coordinator if you need a scholarship. You may pay with cash or personal check made payable to **First Presbyterian Church**. Again, if the dues are a burden on your finances please let us know. Our policy is NO MOM LEFT BEHIND!

### **Absences**

It is very important that you adjust your reservation status if you are unable to attend a meeting for any reason. It allows us to adequately plan for childcare and hospitality supplies. It also allows us time to contact a mom on the waiting list to give them an opportunity to attend that meeting if applicable. Please edit your sign up online or contact a MOPS Steering team member.

## **Cell Phones**

As a courtesy to all moms, please silence (put on vibrate) your cell phone during our meetings. If you need to make or receive a call during our meetings, please excuse yourself from the meeting area to do so.

## <u>Food</u>

Each meeting different members will be in charge of bringing/providing food. Our hospitality steering team coordinator will have a sign-up sheet we pass around at the meetings, you will let us know what type of food you are bringing on sign-up-genius, and we will post reminders on our Facebook page. Please sign up to bring breakfast at least twice a semester and bring enough for 30 moms. We ask that you arrive with your food promptly at 9:15 so all mothers can begin breakfast at 9:30 AM. If you need to be absent on the day you signed up to bring food, please let our hospitality leader know ASAP.

#### **Visitors**

We love to have moms visit with us! Visitors are welcome! Registration (dues) is necessary for them to continue attending after 2 visits. The MOPS International registration fee remains \$25 even if they join mid-year, as they will receive the same benefits from MOPS International as those who registered earlier. After ONE visit, all moms are required to do childcare reservations.

### **Nursing Moms**

Please feel free to bring your nursing infant into the meeting to nurse – as you feel comfortable. Other children would be better served staying in the nursery or MOPPETS.

## **Discussion Time**

- ❖ You will become a member of a group assigned to a steering team member of our MOPS group for the entire year. This will enable you receive information about MOPS. This will be your MOPS contact.
- ❖ Your table groups can change EVERY meeting! We encourage you to seek out new mothers with whom you can fellowship and share.
- ❖ We are very blessed to have a wide range of speakers from our community to come and talk to us. Please be courteous and refrain from speaking to others during their presentation.

Please keep in mind the following guidelines during your discussion time:

- **♥** Be AUTHENTIC share your true feelings
- ♥ Be MUTUAL encourage one another
- **♥** Be SYMPATHETIC support one another
- **♥** Be MERCIFUL forgive one another
- **♥** Be HONEST speak the truth in love
- ♥ Be HUMBLE admit your weaknesses
- **♥** Be COURTEOUS respect our differences
- **♥** Be CONFIDENTIAL no gossip
- **♥** Be FAITHFUL make your group a priority

## **Confidentiality**

MOPS meetings and discussion groups are places for mothers to share and confide in one another. Be respectful to these confidences and keep them as such. As a guideline, never share a situation or prayer request unless the person requesting it has given you permission to do so.





**MOPPETS** is our childcare program for potty trained older children. We want to give you a chance to have uninterrupted "girl" time while your child(ren) is being safely cared for. This year's Moppets will be led by Kathleen Cash and Leigh Stallings.

You can be sure your kid(s) will have a fun and educational time while they are in **MOPPETS.** Our curriculum this year will teach valuable Bible lessons. Children also have the opportunity to participate in crafts, games, and other fun activities.

We believe that your child(ren)'s hearts are an investment, and we seek to cultivate a love for Jesus during our time with them. Our goal is to partner alongside of the parents to help children have a love for God's Word and reach saving faith in Jesus Christ. We are so excited to minister to your child(ren) this year! Each child is such a blessing and gift!

We want your child to have a positive experience in the MOPPETS program. Your child's health and safety are important to us. Please, help us help you by following the MOPPETS Guidelines.

## **Childcare Guidelines**

- 1. Please DO NOT bring your child if they have had a contagious cough, fever, green runny nose, or any other potentially contagious illness within the last 24 hours.
- 2. Please DO NOT bring your child's toys from home, with the exception of a security item or lovey. Please label any items that are brought with first and last name.
- 3. PLEASE sign your child in!!! Also, do not leave your child until everything is labeled and your child is signed in.
- 4. PLEASE let us know if your child has any allergies. We will post it on your child's nametag. *Note: First Presbyterian Church is a peanut free facility.*
- 5. PLEASE walk your child to their appropriate classroom. Please do not drop your child off before 9:15 am. ☺
- 6. PLEASE try to avoid getting your child early unless you are contacted. (This causes LOTS of distress for other children who want to see their mommies too!) If you know you must pick up your child early, please let the worker know so they can be discrete.
- 7. PLEASE pick up your child promptly at 11:15am.
- 8. If you are bringing a child that is not you own, you will need to pay \$5 for each MOPS meeting you attend with that child. Please see Lindsey Lynn or Christine Brown if you have any questions.
- 9. Label Everything! This includes diaper bags, sippy cups, bottles, pacifiers, and any special items your child might have.
- 10. There is a reservations system for childcare. Please see one of the steering team members if you have any questions.

Mrs. Nell is the Nursery Ministry Director at First Presbyterian Church and has been for many years. She truly has a gift when it comes caring for our children!

REMEMBER to thank the workers caring for your child!

# First Presbyterian MOPS Steering Team

The Steering Team for MOPS at First Presbyterian is a group of wo accomplish the MOPS purpose of nurturing every mother of preschneeds to the glory of Jesus Christ. We seek to help moms recognize following needs: significance, identity, growth, intimacy, instruction, neip, recreation, perspect hope.



If you have any questions or concerns, please feel free to contact the appropriate person.

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Lindsey Lynn- 706-537-6514

#### **Hospitality:**

Iana Brown 678-901-2397

Lisa Ingram 706-622-0777

Krista Daniel 706-266-5574

#### Finance:

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#### Childcare:

Christine Brown 404-983-2972

#### **Registration:**

Shannon Godfrey 706-331-7877

#### **Activities:**

Jenni Butler 706-844-2900

Allie Garner 404-285-6550

#### **Publicity:**

Laura Saunders 770-639-2830

#### Floater:

Jen Miller 619-504-8258

#### **Mentors:**

Jamie Safigan 706-346-2171

Donna Chadwick 734-673-7150